

2026 Pro Stock Rules

1) Engine:

A) Any cubic inch allowed

B. Cast Iron block and cylinder heads, only factory valve angle heads allowed, * aluminum heads will be allowed with a 50 lb weight penalty added. The weight must be added in front of the mid plate. The weight must be added regardless of the overall weight of the car. Legal heads will be 180cc, 200cc, 215cc, 220cc, 230cc intake runner designs. No raised-runner aluminum heads permitted. All casting numbers and part numbers must remain visible and unaltered.**

Factory Valve-Angle Clarification:

Only OEM production valve-angle heads are legal. Cylinder heads must retain the original factory valve angle for that manufacturer's small-block engine family. Any head with altered, rolled, splayed, or non-OEM valve angle is prohibited.

Approved factory valve-angle examples:

- **Chevrolet Small Block — 23°**
- **Ford Windsor Small Block — 20°-21°**
- **Chrysler/Mopar LA — 18°**
- **Chrysler Magnum — 18°**

Not permitted heads include SB2, C3, D3, Yates, CHI, Tiger, W-series, or any raised-runner or race-style head with non-OEM valve angle.

Tech Note: Valve-angle tolerance is $\pm 0.5^\circ$ to account for casting variance. Verification may be performed through physical measurement and/or OEM documentation.

- C) Aluminum or cast iron intakes allowed**
- D) HEI or the following MSD ignition box 6425 or 6427**
- E) One 2 Barrel or One 4 Barrel carburetor**
- G) Gas, E-85 and alcohol allowed**
- H) No Turbo, nitrous oxide or supercharger allowed.**
- I) NO TRACTION CONTROL**
- J) Any Transmission Allowed. Manual Transmissions are required to have a steel bell housing.**
- K) Bert or Brinn style bell housings allowed, NO REAR MOUNTED PUMPS ALLOWED.**
- L) No cockpit mounted adjustable ignition timing devices allowed.**
- M) headers allowed, must have mufflers.**

2) Suspension:

- A). Wheelbase to be within 1" from side to side. Minimum 104
Maximum 117**
- B. Coil spring rear suspension cars must have full frame to center of the rear end . No combo suspensions allowed**
- C) Camaro and nova front stub cars may be tube from the front clip back for leaf spring rear suspension ONLY. No combo suspensions allowed, no spring sliders on leaf suspension, adjustable lowering blocks allowed, adjustable rear shackles are permitted. Leaf spring conversions are approved, BUT MUST REMAIN FULL FRAME TO CENTER OF REAR END**
- D) Heim joints, mono-ball Bearings allowed on rear control arms..**

- E) 1 shock per corner, total of 4 on car. Schrader Valve shocks allowed.**
- F) No canister shocks. Screw off top shocks allowed shock claim is 100.00 per shock.**
- G) No coil over shocks.**
- H) None of the following items are allowed. coil over eliminators, Brake Floaters, J bars, Panhard Bars, Lift Bars, birdcages, Pull bars. Chains limiters are allowed on rear end to keep movement controlled to keep from losing springs. All springs must be tethered to car.**
- I) Upper ball joint to be even with #1 spark plug.**
- J) No strut cars**
- K) No externally adjustable shocks**
- L) No cockpit mounted or driver adjustable spring devices**
- M) 1, 5 " or 5.5" spring per corner on car. No stacked springs, no spring inside a spring devices allowed. 4 suspension springs total on car.**
- N) Quick change rear ends allowed.**
- O) No wide 5 hubs permitted**
- P) No bump springs, rubber bump stops or bump sticks allowed**
- Q) Weight jacks allowed on all 4 corners. 1/4 in steel plate for jack bolt allowed.**
- R) Tubular upper control arms allowed factory replacement tubular lowers approved. Aftermarket front upper control arm mounts allowed but must not exceed 3 inch's tall. Heim joint tie rods allowed.**
- S) Must have all 4 working calipers, must be steel. Brake adjuster and brake shutoff valve allowed.**

T) Factory rear control arm mounts in stock location only, NO multi hole mounts on the frame. Multi hole lower mounts on the rear end housing permitted. * Cars with multi hole frame mounts and/OR raised frame rails must keep lower trailing arm angle to 15* or less. No multi hole mounts on upper trailing arm mounts frame and rear end.**

3) BODY:

A) Aluminum, Steel, and Composite Bodies are ok. Must be stock appearing and must have body lines as close as possible to factory lines. Five star body panels preferred. These panels can be purchased at cost from a local dealer. Plastic doors and rear quarter panels must be bolted on.

B) Aftermarket nose pieces are ok. No wedge style late model noses and no sloping of the front nose. Rear of car must be enclosed and fully secured.

C) 8" rear spoiler height max.

D) Wagon roofs are not allowed.

E) Spoiler supports to be no more than 15 " long, 3 " tall in front 8 " rear maximum of 2 supports.

F) The maximum pre-race and post race, rear deck height is 40" . Any car that has rear damage from an accident will be dealt with in a case-by-case situation.

G) 3" rake on roof max on overall length and 3 in deck rake from rear of seat to rear. MULTI ANGLED DECKS (side to side, front to back) ARE APPROVED BUT MUST KEEP 3 IN RAKE FROM FRONT TO REAR***

H) Body should be no wider than factory measurements. Maximum roof measurements are 50 inches wide 55 inches long, unless the factory roof is used, sail panels are to be the from side to side and resemble the model of car

I) Body changes are allowed.

J) Seat must be a minimum of 20 inches in front of rear end centerline.

K) Must have a steel floor pan, but can be modified for clearance.

L) Must have a steel firewall from frame rail to frame rail.

M) Hood, dash panel, trunk lids (trunk 2' x 3' minimum) must be removable for inspection cars with full decking must have a minimum 6x14 access panel for inspection.

O) Must have front and rear bumpers

P) Dash is to be no more than 24" long

Q) A 6-point roll cage is mandatory, with a minimum of three door bars on the driver side and two door bars passenger side. Diagonal, horizontal and rear brace bars are approved for competition. The driver, seat and head surround should be fully within door bars, halo and B-post. A minimum 1/8" steel intrusion plate on the driver's side is recommended.

4) SAFETY

A. Racing seat required.

B. 5 point nylon quick release harness and safety belt required. Must be in excellent working condition at all times. (Harnesses must be attached to frame)

- C. Approved fire suit and gloves mandatory. Fireproof; hood, socks, shoes and underwear recommended.**
- D. Full face helmet is required with lexan shield. (Must be minimum of snell 2005 approved)**
- E. Driver side window net minimum of 12" X 12" with ¾ webbing is HIGHLY RECOMMENDED.**
- F. An operational fire extinguisher properly mounted within the driver's reach is mandatory.**
- G. Minimum of one driveshaft loop is required and must be at least 1/4" x 2" steel or 1/4" chain and should be mounted no more than 6" back from front of drive shaft. A second driveshaft loop required on fabricated steel floors. Drive shafts must be painted white.**
- H. Cockpit mounted master power kill switch required. (Must be accessible from drivers window)**
- I. Isolators required on all fuel pressure gauges located inside the cockpit. (No fuel permitted inside the drivers compartment)**
- J. The battery must be securely mounted with positive fasteners and brackets. The battery terminals must be insulated or enclosed with a non-conductive material that will prevent contact with any part of the racecar should the battery become dislodged from the battery mount.**
- K. Fuel cell must be secure and firmly mounted in the trunk area. Fuel line must run under floor and/or covered in 1 ½ inch tubing.**
- L. Must be approved fuel cell.**
- M. All other safety rules will be governed by the hosting track.**

GENERAL

A) Front bumpers must be constructed of 1 3/4" round or a 1 1/2" round or square .095 tubing . Must turn and extend rearward behind the nose a minimum of 6" (No welded 90* or sharp edges).

B) Rear bumpers must be constructed of 1 3/4" round or 2" square .095 tubing (Maximum). Must turn and extend forward behind the quarter panel a minimum of 18" (No welded 90* or sharp edges).

TIRES:

A) Hoosier, American Racer and dot tire permitted must pass hoop rule. (hoop is 9 inches.) Siping and GROOVING permitted

B) max wheel width 8". Bead locks permitted on all 4 corners

WEIGHT

A) All lead must be white in color and marked with car number.

B) 3000 lbs MINIMUM weight at all times with driver.

C) cars running a 2 barrel carb can be at 2800lbs with driver

D) all cars with stock front suspension in stock location may weigh 2800

E) After car weight is determined, Cars must have a weight sticker displayed on the drivers side of the car. Any false information reported will result in immediate suspension from competing.

MISC

A. Receivers are MANDATORY at all events.

RULE BOOK DISCLAIMER

1. The rules and/or regulations set forth herein are designed to provide for the orderly conduct of racing events and to establish minimum acceptable requirements for such events. These rules shall govern the condition of all events, and by participating in these events, all participants are deemed to have complied with these rules. RULES WILL BE STRICTLY ENFORCED

No express or implied warranty of safety shall result from publications of or compliance with these rules and/or regulations. They are intended as a guide for the conduct of the sport and are in no way a guarantee against injury or death to a participant, spectator or official.

2. The race/tech director shall be empowered to permit minor deviation from any of the specifications herein or impose any further restrictions that in his opinion do not alter the minimum acceptable requirements. No expressed or implied warranty of safety shall result from such alteration of specifications. Any interpretation or deviation of these rules is left to the discretion of the officials. Their decision is final. WE RESERVE THE RIGHT TO MAKE REVISIONS, IF NEEDED!